

### **Ball In and Out of Play**

The ball is out of play when the entire ball is outside the touch or end line.

### **Fouls and other Stoppages**

Kicking, tripping, handling the ball and dangerous play may occur. Instruct the players as to proper conduct and restart the game with a *free kick* awarded to the team which deserves possession.

### **Free Kick**

Play may have to be stopped occasionally to sort things out in U-5 games. When this is necessary, correct the situation, instruct the players and restart play with a free kick. All free kicks are direct. A goal may be scored directly from the restart.

### **Throw-In**

Parents come on to the field during play and assist in keeping the ball in play. When the ball is going to cross the touch line, lightly tap it back into the field so that play can continue.

When the ball goes out of play, across the touch line or across the end line, a throw-in is awarded at the point where the ball crossed over the line and to the team who did not touch the ball last. Whether the throw-in is taken properly or not, let the game proceed. Teaching of technique can be addressed in the One with One session. Game time is time for the kids to play—**LET THEM PLAY.**

# **AYSO REGION 127 SAN MARCOS**

## **U-5 UNDER FIVE PROGRAM**

### **PARENT—PLAYER HANDBOOK**

**The objective of this program is to provide young players and their parents with a “pressure free” introduction to the beautiful and simple game of soccer.** At this age players should be exposed to soccer by playing simple, fun activities and games that require little or no practice, and a minimal of time commitment.

This program allows players to discover the game for themselves while parents are given a soccer foundation on which to build and grow into future AYSO coaches, referees and administrators.